Session 2 Lesson Plan



Exploring Plant Potting, Freshwater Habitat Ecology and Conservation

Duration: 2 hours



Learning objectives:

- Students will learn the process of potting on plants and understand why it's necessary.
- Students will gain an understanding of wetland ecology and the importance of wetland conservation.

Equipment provided:



Wetland plant seeds and cuttings



Gloves



Pots for planting



Compost



Watering cans



Activity sheets







Part 1: Introduction (15 minutes)

- 1. Welcome and Introduction
 - GroWet project officer to greet the students and provide a brief overview of the lesson.
- 2. Icebreaker Activity
 - Discuss what factors might affect plant growth e.g. sunlight/shade, clean water/polluted water, cold temperature/hot temperature.

Part 2: Potting Up Plug Plants (35 minutes)

- 3. Discussion on Plant Potting
 - Introduce the concept of potting up plants and explain the proper potting techniques for plant growth (e.g. the benefits of giving plants more space for roots to grow).
 - Health and safety procedures.
- 4. Demonstration of Potting Up
 - Demonstrate the steps of potting up plants.
 - Explain how to carefully remove seedlings from seed trays, prepare pots, and transplant them.
- 5. Hands-on Activity: Potting Up
 - Provide plug plants, cuttings, pots, and potting soil for each student or small group.
 - Guide students through the process of potting up their own plants.

10 minute tidy up







Part 3: Introduction to Freshwater Habitat Ecology & Conservation (35 minutes)

- 6. Introduction to Freshwater Habitat Ecology
 - Explain the characteristics of wetland ecosystems and their importance in the broader environment.
 - Introduce key plant and animal species that are typical in wetland habitats.
- 7. Interactive Activity: Water Pollution Sources
 - Provide an activity sheet on water pollution.
 - Encourage students to identify and discuss the different types of water pollution that affect wetland habitats.
- 8. Discussion on Freshwater Habitat Conservation
 - Discuss the significance of wetland conservation for biodiversity, water quality, and flood control.
 - Explain the threats that wetlands face, including habitat loss and pollution.
 - Talk about what we can do individually to help conserve our local wetlands.

Part 4: Conclusion and Reflection (10 minutes)

- 9. Review and Discussion
 - Lead a discussion about what students learned during the lesson.
 - Ask the questions: Why is it important to plant native plants in wetland habitats? What are some key features of a wetland ecosystem? What can we do to help conserve wetlands?

10 minute tidy up



